## Camporama Menu 2022

| 1 <sup>st</sup> Meal | Breakfast       | Breakfast             | Breakfast            | Breakfast                 | Breakfast            |
|----------------------|-----------------|-----------------------|----------------------|---------------------------|----------------------|
| Dinner, Sunday 10    | Monday 11       | Tuesday 12            | Wednesday 13         | Thursday 14               | Friday 15            |
| See pg 2 for menu    | Pancakes        | Biscuits - WG         | French toast         | Breakfast burrito         | Danish               |
|                      | Sausage patties | Gravy                 | Sausage patties      | Scrambled eggs            | Bran muffin          |
|                      | Scrambled eggs  | Sausage crumble       | Syrup                | Sausage crumble           |                      |
|                      | Syrup           | Scrambled eggs        | Butter               | Shredded cheese           |                      |
|                      | Butter          |                       |                      | Salsa                     |                      |
|                      |                 |                       |                      | Flour tortilla            |                      |
|                      | Cold cereal     | Raisins - watermelon  | Fruit cup            | Hash browns               | Raisins - strawberry |
|                      | Mandarin orange | Cold cereal           | Cold cereal          | Apple sauce - blue rspbry | Cold cereal          |
|                      | Milk-whole/2%   | Milk-whole/2%         | Milk-whole/2%        | Cold cereal               | Milk-whole/2%        |
|                      |                 |                       |                      | Milk-whole/2%             |                      |
|                      | Yogurt          | Yogurt                | Yogurt               | Yogurt                    | Yogurt               |
|                      | Granola bar     | Granola bar           | Granola bar          | Granola bar               | Granola bar          |
|                      | Coffee          | Coffee                | Coffee               | Coffee                    | Coffee               |
|                      | Juice           | Juice                 | Juice                | Juice                     | Juice                |
|                      | Condiments      | Condiments            | Condiments           | Condiments                | Condiments           |
|                      | Lunch           | Lunch                 | Lunch                | Lunch                     |                      |
|                      | Monday 11       | Tuesday 12            | Wednesday 13         | Thursday 14               |                      |
|                      | Hamburger       | Chicken fajita strips | Seasoned ground beef | Hot dogs                  |                      |
|                      | Potato chips    | Fajita vegetable mix  | Flour tortilla 6"    | Buns                      |                      |
|                      | Buns            | Flour tortilla 6"     | Shredded cheese      | Chili                     |                      |
|                      | Cheese slices   | Shredded cheese       | Salsa                | Chips                     |                      |
|                      | Pickles         | Black beans           | Sliced apples        |                           |                      |
|                      |                 | Chips                 |                      |                           |                      |
|                      |                 | Salsa                 |                      |                           |                      |
|                      |                 |                       |                      |                           |                      |
|                      | Beverage        | Beverage              | Beverage             | Beverage                  |                      |
|                      | Ice cream       | Ice cream             | Ice cream            | Ice cream                 |                      |
|                      | Condiments      | Condiments            | Condiments           | Condiments                |                      |

## Camporama Menu 2022

| Dinner           | Dinner           | Dinner            | Dinner               | Dinner           |
|------------------|------------------|-------------------|----------------------|------------------|
| Sunday 10        | Monday 11        | Tuesday 12        | Wednesday 13         | Thursday 14      |
| Ham steaks       | Teriyaki chicken | Salisbury steak   | Turkey steak         | Pot Roast        |
| Mashed potatoes  |                  |                   |                      |                  |
| w/ gravy (white) | Carrots          | Mashed potatoes   | Green beans          | Mixed vegetables |
| Corn             | White rice w/    | W/ brown gravy    | Gravy poultry        | Mashed potato    |
| Roll             | Pineapple        | Corn              | Dressing             | Brown gravy      |
|                  | Bread stick      | Whole Grain Bread | Texas Toast - WG     | Roll - WG        |
|                  |                  | Slices            |                      |                  |
| Fruit cocktail   | Sliced peaches   | Apple sauce       | Raisins - strawberry | Fruit salad      |
| Milk-whole/2%    | Milk-whole/2%    | Milk-whole/2%     | Milk-whole/2%        | Milk-whole/2%    |
|                  |                  |                   |                      |                  |
|                  |                  |                   |                      |                  |
| Beverage         | Beverage         | Beverage          | Beverage             | Beverage         |
| Ice cream        | Ice cream        | Ice cream         | Ice cream            | Ice cream        |
| Condiments       | Condiments       | Condiments        | Condiments           | Condiments       |

Condiments (breakfast): sugar, sweetener, stir sticks, creamer, hot sauce

Condiments (lunch and dinner): mustard, ketchup, relish, hot sauce

Desserts for lunch and dinner: Ice Cream rotate flavors